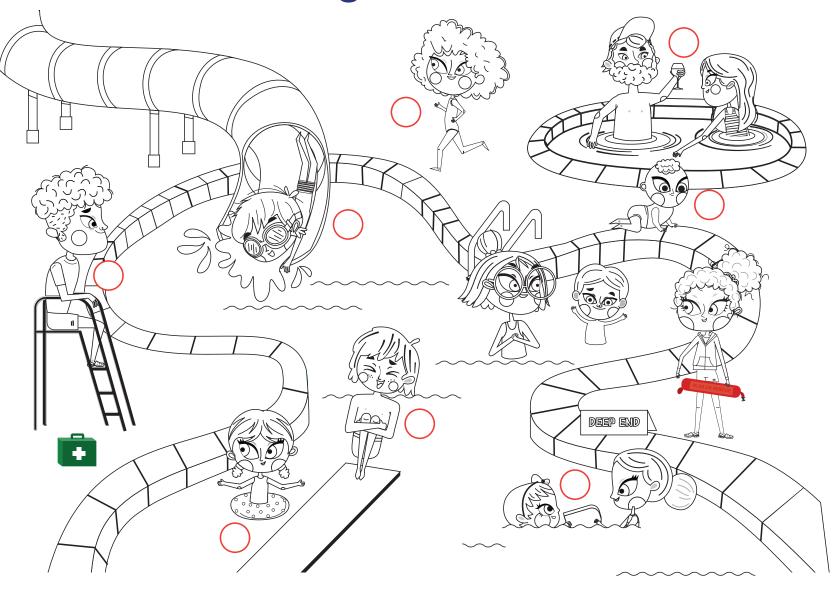
# Water Safety In the Pool





For more resources and advice visit www.rlss.org.uk

## DANGERS

Can you number the following dangers on the picture?

- 1 Always watch children near water, keep within arm's length
- Deep water is for good swimmers only
- 3 Check the water is clear before jumping in and don't bomb
- Flumes are great fun but follow the rules
- Floors will be slippery, don't run
- 6 Never mix alcohol and swimming
- 7 Don't swim under diving boards
- 8 Trained lifeguards are there to keep you safe, listen to them carefully

### Always follow the WATER SAFETY CODE









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# Water Safety in the Pool

#### POOL Water Safety Advice

ONLY SWIM at a pool with a lifeguard

PAY ATTENTION to the pool safety signs

**STAY** in the right depth for you

USE FLOATS or wear inflatables if you aren't a strong swimmer

HAVE regular swimming lessons



# WORDSEARCH

B O M B I N G W P U Y L A R G T D S O A R M B A N D E Q F G K U S R U L E S H A P C N S G Q O J N B F T S Y M I W S D P Z S L U C T A G V O U X E L O T N H S E L I F E G U A R D W I T B I D O J A T B E E P C R O O K I E Y N G W E A F O H T C R E A M E O P K I K W G H E L T S I H W F N E Y U B Y T E F A S C J E T K P F N A Z S L B O G Y

Can you find all these words in the grid?

LIFEGUARD	DEEP
SHOWER	DIVING
WHISTLE	BOMBING
BREASTSTROKE	FLOAT
ARMBAND	SWIM
CHLORINE	SAFETY

JUMP FUN ROOKIE RULES





**No Pushing** 



**No Running** 



**No Diving** 



No Bombing

Why not share your pieces of art with us? Simply post with #enjoywatersafely.









@rlssuk